



MORELAND COURTS
Sophisticated Living in an Architectural Landmark

RULES FOR MORELAND COURTS EXERCISE ROOM

Any resident of Moreland Courts using the Exercise Room must have a signed liability waiver and emergency medical information on file.

1. Use of equipment is limited to persons living in Moreland Courts and their guests.
2. Use of equipment is limited to those age 18 or older, unless accompanied by a parent or other adult.
3. Every person must sign in upon entering the facility (name, address, phone) for emergencies.
4. Presently only those fully vaccinated against the COVID19 virus may use the facility.
5. Use of equipment is limited to 20 minutes per machine, unless no one else is waiting for that machine.
6. Users must change to exercise shoes upon entering room to protect others from slippery or dirty floor.
7. No music that is audible to others in room: users must bring ear buds while listening to radio or music.
8. Each user must wipe down the machine after usage. Wipes for this are provided.
9. User may bring own water bottle, but no other drink or food to the room.
10. A maximum of 4 people may use the machines at one time.
11. A maximum of 10 people may use the group exercise space at one time.
12. Use of the exercise room may be monitored via camera by Security Personnel in next room.
13. An emergency button will be installed next to the entrance door to alert Security of any emergency or incident, until then users are asked to notify Security prior to use, and they will monitor the room physically during use every 20 minutes.
14. A defibrillator is available in the Security Office for emergency use by trained Security Personnel.
15. Initially use of the Facility will be on a first come, first serve basis. If after a test period it becomes necessary for reservations to be made, a system will be created.