

# NEWSLETTER

AUGUST 2024

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## Rust Belt Riders

*By Sue Joseph*



Some of us at Moreland Courts have been participating in a food composting program through the organization, [Rust Belt Riders \(RBR\)](#). It is an attractive alternative to simply tossing food waste and other compostable products in the trash.

Below are details about the program for those who may be motivated to join the ranks of Rust Belt Riders. RBR began in 2014 when Daniel Brown and Michael Robinson picked up food scraps from local restaurants on their bicycles and composted the scraps into growing material. Since then, the operation has grown into a cooperative, owned by its over 20 employees with several trucks, creating many tons of soil from compost.

Composting with Rust Belt Riders is easy to do, and perhaps, if enough residents are interested, we could discuss with Management and the Board the possibility of a weekly pick-up option for the entire complex. This would require a large bin placed at an accessible location where food waste could be deposited and then picked up regularly by RBR. Board members are our neighbors. Talk to them! Or speak up at the beginning of a board meeting.

*(continued on next page)*

Rust Belt Riders is a worker-owned cooperative dedicated to climate resilience, food autonomy, and workplace democracy. Their mission is to “Feed People, Not Landfills.” They do this by providing people, organizations and businesses a composting solution for their food waste. This organic material is made into compost which serves as the base for soil blends. That in turn nourishes the very food that grows within our region. This is recycling at its best. Various soils derived from RBR compost may be purchased from [Tilth Soil](#). As stated on the RBR web site, [“We believe the work we do is as important as how we do it, practicing workplace democracy while engaging with this mission.”](#)

Since 2014, RBR has been working with people and organizations across Northeast Ohio to provide them with a clean and timely alternative to landfills for their food scraps. Food scraps are a resource that needs to be cherished. By diverting food from landfills, we support our local food system through the creation of value-added agricultural products.

### What items can and cannot be composted?

The short answer is any type of food with all plastic, metal, and labels removed. Many paper and packaging products can be composted, but only if they have [the BPI \(Biodegradable Products Institute\) seal](#).

There is a long list of non-compostable items, some of which are obvious, and, some, not so much. Styrofoam cannot be composted. Human hair and the stickers on produce cannot be composted.

For a complete list provided by RBR of compostable and non-compostable items, check out [this link](#) at their website:

<https://www.rustbeltriders.com/whatcanicompost>



Non-BPI certified products are NOT acceptable!  
[Search for your brand on the BPI website.](#)

### How It Works!

- Sign up online at <https://www.rustbeltriders.com/join> and receive a 4-digit code to access the Rust Belt Rider bins. Bins can be found at the Shaker Nature Center parking lot, and [other nearby locations](#).
- Collect your food-scrap at home.
- Bring food-scrap to a [drop-off-bin](#).
- Unlock the bin with your 4-digit membership code, same at all locations.
- Dump food-scrap into the bin and re-lock.
- Sign-up includes discounts on [soil](#), sustainability workshops and events.

### WANT TO BUY A BUCKET AND SOME COMPOSTABLE BAGS?

Buckets and RBR certified compostable bags can be purchased at all [Phoenix Coffee Shops](#).

### A Note From Your Editor

Thank you for your interest in the Moreland Courts newsletter. Comments and questions can be directed to [editor@MorelandCourts.com](mailto:editor@MorelandCourts.com). The Newsletter Committee is always looking for input from the Moreland Courts community. If you have something in mind to write about for the newsletter, please do so! You may contact any member of the Committee with your ideas and your writing. All submissions used will be reviewed by the committee and edited for clarity. Submission does not guarantee publication. A word about hyperlinks: A hyperlink provides access to a URL (Uniform Resource Locator). In plain English, hyperlinks in the newsletter are underlined and shown in blue. If you click on a hyperlink in the newsletter on your computer screen, you will be taken to the specific web site of interest. For example, if you click on [this hyperlink](#), you will be taken to the Moreland Courts web site.

Short URLs will be shown in their entirety so they can be copied from the printed page if necessary. However, some URLs are too long and complicated to show on the paper edition of the newsletter. By necessity, we must frequently use shortened hyperlinks to provide access to the desired web site.

*Eric Schreiber, Editor*

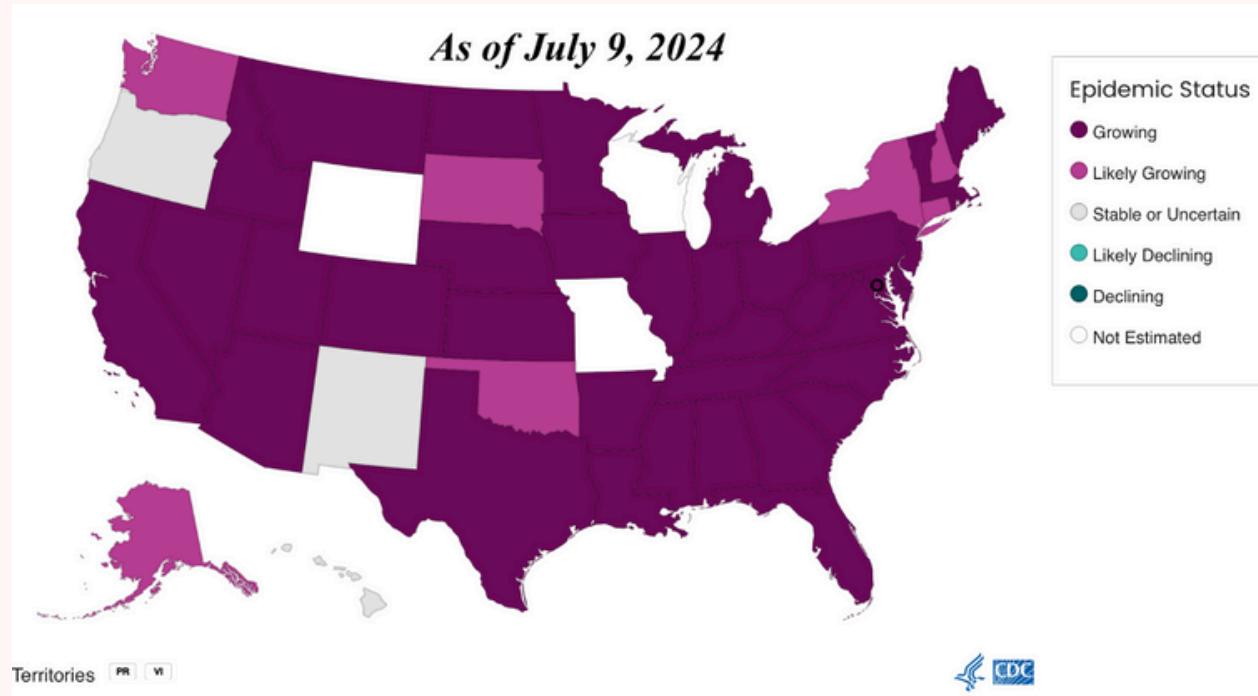
*The Moreland Courts Newsletter*

# COVID Update

By Eric Schreiber, MD, and the Medical Council

Although immunity has built up to high levels in the United States, COVID keeps mutating at a fast pace and has not gone away. As of July 11, an estimated 25,445 people in the United States have died with COVID-19 so far in 2024. Deaths over the same time period from influenza are estimated at 7,621 according to the CDC.

The numbers are going up. Here is a US map showing that the numbers are increasing.



## What To Do

Get vaccinated! The NIH and the Journal of Paediatrics and Child Health estimate that, worldwide, [COVID vaccines prevented 14.4 million deaths](#). Millions more lives could have been saved with better distribution and coverage of the vaccines.

### Updated 2024-2025 COVID-19 Vaccine Recommendation

[CDC recommends everyone ages 6 months and older receive an updated 2024-2025 COVID-19 vaccine to protect against the potentially serious outcomes of COVID-19 this fall and winter whether or not they have ever previously been vaccinated with a COVID-19 vaccine](#)

New vaccines for new variants will be available in late August or September 2024. The JN.1 strain emerged in late 2023 and became the dominant COVID strain by January 2024. At the beginning of June 2024, the FDA approved vaccines targeting this JN.1 variant. However, around that time, the KP.2 variant overtook JN.1 as the dominant strain. On or about June 20, the FDA changed the recommendation to target the KP.2 variant “if feasible.” For Pfizer and Moderna, which produce the mRNA vaccines, it was feasible. For Novavax, they could not switch their protein vaccine quickly enough to the newer variant, so Novavax will target the older JN.1 variant.

Although there is no specific recommendation on this, it is reasonable for those who are due for an updated vaccine now to wait until the newest vaccines are available. Otherwise, if you receive the older vaccine now, it will be necessary to wait four months for eligibility to receive the new one.

Very few of us are wearing masks. Masks work, especially in crowded, particularly indoor, situations. A properly fitted mask may make all the difference. A NIOSH approved N95 mask is still the best readily available mask, also known as a respirator. A genuine KN95 mask is a close second but beware that there are many knockoffs and counterfeits. Socializing and dining outdoors lessen the spread of COVID compared to indoors. As we move indoors, excellent ventilation, filtration, and distancing help.

*Frequent fliers at Lower Shaker Lake*



*photo by Eric Schreiber*



*photo by Eric Schreiber*

## **Welcome to Moreland Courts!**

By Patricia Murphy

I recently spent a delightful hour with new...ish Moreland Courts resident Katalin Voros. As you turn into the hallway leading to her unit, you are welcomed by walls lined on either side with colorful posters of Hungarian documentaries, produced there by her daughter.

Now a proud United States citizen, Katalin immigrated with her parents, “not by choice,” she hastened to add. The family traveled from Hungary with a first stop in Switzerland, and then to the United States. In 1960, she attended Drexel Institute of Technology (now Drexel University) in Philadelphia, graduating with a degree in physics. This led to her first job in the microelectronics industry. There, she married a fellow Hungarian, had two daughters, divorced, and relocated to New Jersey.



Six years later she made another move, this time to California, where she reached her ultimate goal. She was offered a job in microelectronics within the industry hub of Silicon Valley. Still raising two teenagers, she went back to school for her degree in electrical engineering. She met her second husband, also a Hungarian, at an Electrochemical Society meeting.

WOW!!!! I was beginning to feel like such an underachiever. In awe and somewhat overwhelmed, I wanted to get to the less serious side of Katalin by asking what she did for fun? She innocently replied, “but Patricia, this WAS fun.” Her daughters eventually left to go to college. After graduating, one daughter decided to find employment in Budapest. The other daughter moved to Cleveland and is now married with four children. Katalin finally retired from this complex industry after 30 years and moved here to be close to her daughter and grandchildren.

With her usual energy and devotion to her heritage, Katalin continues to be involved with Hungarian community activities. Elected to the board of several organizations, she was responsible for arranging lectures, and overseeing the Kodály Center for Music Education at the University of Redlands, Marin County campus. She assured me that Hungarian was spoken at all events to keep the culture alive. She returns to Hungary every year and has enjoyed traveling extensively throughout Europe.

# The Gift of Voice, Music, Movement, and Time

By Chuck Scillia

The award-winning series “Live in HD” continues a long tradition of the Metropolitan Opera’s transmissions of live performances over the years, first over the radio, and since 2006, in cinemas around the world in HD projection, and in our neighborhood at the Cedar-Lee theater.

While there is no substitute for attending a live performance, this comes very close indeed and has some added benefits. You do get the best seat in house (literally, a lounge chair at the theater), an intimate view of the stage with easy to read subtitle translations, and effective camera work that makes you almost part of the production. Also, after each act, you will get interviews with the singers as they come fresh from the stage, comments by set and costume designers, directors and conductors. For those interested in stage design, the camera takes you behind the curtains as carpenters, stagehands and crew prepare the scenery for the next act with efficiency and even grace. [Schedule details and ticket purchase can be found at the web site.](#)

Oct. 5, 2024	Offenbach	“Les Contes d’Hoffmann”
Oct. 19, 2024	J. Tesori	“Grounded”
Nov. 23, 2024	G. Puccini	“Tosca”
Jan. 25, 2025	G. Verdi	“Aida”
March 15, 2025	Beethoven	“Fidelio”
April 26, 2025	Mozart	“Le Nozze di Figaro”
May 17, 2025	R. Strauss	“Salome”
May 31, 2025	G. Rossini	“Il Barbiere di Siviglia”

At the Cedar-Lee, 20 minutes before each performance, a member of the Cleveland Opera Association gives a short, informative talk about an aspect of the production. As the lights dim you are transported to the Met’s main hall via satellite to await the anticipated call at 12:55, “Maestro to the pit.” The effect is dramatic and electric. The musicians lean forward, the baton drops, and the opera begins. The curtains part, the set revealed, and the singers appear. The musicians, the principal singers and the chorus are always at the top of their game. Gone are the days of tenors, baritones, and sopranos standing motionless delivering their arias. Today, in more physical productions, the singers move with passion, gesture with interpretation and actually act their roles, a strenuous assignment all the while maintaining a high quality of vocal range and power. All this is captured by fluid camera work.

For the next four hours the world outside gives way to the magical moments on stage and our imagination. The theater audience cannot help but join those at the Met, 500 miles away, and clap without embarrassment at a brilliant aria and joyously award the cast with ovations as the curtain drops. Not a bad experience, that. After the final and well-deserved curtain calls, some of us stroll across the street to Dewey’s or another nearby establishment for refreshment and lively discussion and critique, reliving the opera experience and prolonging the pleasure of a well-spent afternoon.

# The Valve Project

By Paul Stroud, General Manager

Water shut offs of entire buildings happen entirely too often at Moreland Courts. *The Valve Project* consists of two phases and is already underway. The purpose of the plan is to replace all the failing or failed water valves on a planned schedule rather than emergently.

Many of the water shut offs occur because one water valve in one unit is stuck in the open position. Due to the original designs of the various buildings of Moreland Courts, there are no valves that shut off all the water to a single unit. So, if your dishwasher needs to be replaced and the shutoff valve for your dishwasher is frozen open, the water for the entire building will need to be turned off to replace your dishwasher.

Phase one of *The Valve Project* is already complete. Over the past few years, maintenance personnel have conducted a survey of every unit at Moreland Courts, examining the condition of all the valves and recording which valves need to be replaced.

Phase two of the project involves the actual replacement of all the bad valves. As an example, if there are 10 bad valves in a building, it is far preferable to replace all 10 valves during one planned building water shutoff. Also, since flooding can and occasionally does occur with catastrophic failure of a single valve, this proactive plan also lowers the probability of severe damage due to flooding.

Our survey has informed us of how many valves need to be replaced. A rough cost estimate comes to an average cost of \$500 per unit. Since there is a wide variation of the condition of plumbing in the various units, the cost of repair would vary considerably. Therefore, the cost of repairs should be borne by the unit owner, not averaged over the Association as a whole. The plan would be to complete the repairs of an entire building in one day, until the entire property has been upgraded. One hundred percent participation of unit owners would make *The Valve Project* the most effective and would be a worthy goal. The Moreland Courts Board of Directors has begun to consider the issue of participation.



# Board Notes

By Gordon Wean, President, MCCA Board

Among a variety of reports and actions at our most recent meeting of the Moreland Courts Condominium Association Board of Directors on July 23, the Board ratified a previously approved list of committee chairs, board liaisons and committee members for the current year. While this pro forma step of unanimous email approval by all board members hardly constitutes a “stop-the-presses” moment, it nonetheless offers a timely opportunity to remind all residents of Moreland Courts that involvement on these committees both reinforces the fabric of our community and broadens the network of neighbors who are committed to making the Association strong. While there are not always immediate openings on every committee, turnover is a regular feature of a volunteer group, meaning any time is appropriate for learning more about committee service.

Currently active within the Association are Budget and Finance, Facilities, Rules, Newsletter, and Resident Experience Committees. The list of chairs, board liaisons, and committee members can be found by using the login page of the [MCCA web site \(Morelandcourts.com\)](http://Morelandcourts.com) under Document Library, then Governing Documents. The password for the login page can be obtained at the front office. If you are interested, please consider exploring which committees might be a match for your experience and interests. You can reach out to a member or chair of a committee to learn more about their activities and contributions, and how they support the Board and Management. We are all part of an impressive pool of talent at Moreland Courts, and we all have something to offer. So, please do not hesitate to consider committee involvement.



**DATE:** AUGUST 19, 2024  
**TIME:** 5:00PM-8:00PM  
**PLACE:** BY EAST GARAGE GARDENS

Please RSVP to Reception ([reception@morelandcourts.com](mailto:reception@morelandcourts.com) or phone 216-751-1100) By August 5th.

We will provide the grill, the meat and the soft beverages; you are welcome to bring any additional beverages. Please provide a potluck dish according to your building:

13415 BUILDINGS	SIDE DISH
13515 TO 13615	DESSERT
13705 TO 13901	APPETIZER

ICE CREAM TRUCK 6:30PM -7:30PM

NOTE: THE BACKLINE WILL BE BLOCKED OFF FROM THE EAST TOWER TO THE EAST GARAGE AT 4:00 PM



## Bocce Ball!

Every Friday Evening  
7:00 PM

Weather Permitting  
Courts Bldg Lawn  
BYO Lawn Chair



# Art in the Gallery

By Eric Schreiber

Over the years with thanks to Lee Heinen, we have had our share of outstanding displays of art. Coming soon, we will again have a display in the gallery, this time by Cleveland artist [Christopher Pekoc](#). Mr. Pekoc has provided us with biographical information, some of which we have included in this article. We will have more information about the timing of this exhibit soon.



**Born in Cleveland, Ohio**, Pekoc has said that his early exposure to tools and construction projects in his family’s hardware store ignited his interest in the art of assemblage.

**Plain Dealer art critic [Steven Litt](#) wrote**, “... Pekoc has consistently produced beautiful and compelling work that captures something essential about Cleveland’s psyche.”

**Pekoc formerly taught painting and drawing at Case Western Reserve University**. He has received five Ohio Arts Council Individual Artist Fellowships and an OAC sponsored two-month International Residency in the Czech Republic.

**His work has appeared in more than 110 solo and group shows** at institutions including the Cleveland Museum of Art, MOCA Cleveland, the Akron Art Museum, the National Gallery of Australia, the Ueda Gallery in Tokyo, and several galleries in New York City.

**His work is also in permanent collections** at the Cleveland Museum of Art, the Akron Art Museum, New York’s Metropolitan Museum of Art, The Czech Center of Photography, Houston’s Museum of Fine Arts, Harvard’s Fogg Art Museum, the Art Institute of Chicago, the Ringling Museum in Sarasota, Florida, and the Progressive Insurance Art Collection. His late-1970s mural “Night Sky, Cleveland” looks down on the main hall of the Cleveland Public Library near Cleveland’s Public Square.

**Known for his experimental mixed-media work**, Pekoc creates complex photo-based assemblages. [John Wood](#), noted poet, photographic historian and critic, author of six books on photography and co-founder of the Journal of Contemporary Photography, described Pekoc’s work as “...often life-sized, beautiful, and individually handmade photographs [that] contain drawing, painting, and collage...composed of smaller, colored bits of thick, stitched paper and polyester film that have been sanded, scratched, or crumpled and then coated with paint, varnish, or shellac. They bring to mind the shimmering mosaics of Ravenna, as well as many of the paintings of Gustav Klimt...”

**[Henry Adams](#), distinguished art historian, author of 30 art related books and catalogs, and former curator of American art at three museums, has written a 32-page essay on Pekoc’s work.**



## Management Section

*Here are a few reminders*

If you see something, say something. If you notice anything that could help maintain the safety of the property and residents, please inform management or a staff member so that they can pass the information on to the appropriate staff member.

To properly dispose of pet waste and help keep our property clean, please use the canisters that are located discreetly around the property for your convenience. The canisters can be found outside the West Garage, at the rear entrance of Building 9, behind the 13615 Courts Building on the back line, in front of Building 13705 East Tower, outside the East Garage along Haddam Rd., and outside Building 12.

We kindly request that you inform reception and Security whenever you expect a visitor. We consider anyone coming to see you as your guest, be it your family, friends, housekeepers, nurses, contractors, or delivery personnel. We care for your safety and well-being, and if we are unaware of your guest, we must confirm with you before we can permit them access.

Please remember all packages are to be delivered to 13500 Cormere Ave.

This is a friendly reminder about the move-out process. If you are planning to put your unit on the market, please inform Administrative Assistant Tae'Lour Block. She will help you schedule a convenient time for you to pick up the move-out checklist and gather all the necessary information needed for your move. Our goal is to make your move as smooth as possible, so please don't hesitate to reach out if you have any questions or concerns.

If you are experiencing issues with your internet or cable, please call Spectrum bulk service at 833-697-7328. They will be glad to assist you.

Exterminators come on the 1st and 3rd Thursdays of each month. If you are interested in being added to the schedule regularly, please call the reception desk, and they will be sure to add you to the list.

The fitness center is cleaned every weekday from 3 p.m. to 3:45 p.m. to ensure that everyone can enjoy a perfectly clean space. Please avoid using the room during this time. Thank you so much for your understanding and cooperation!

If you are experiencing a medical emergency, the first thing you should do is call 911. This will ensure that an ambulance is dispatched to your location immediately. After you have called 911, it is important to contact Security to help bring the EMS workers up to your unit in the most efficient manner possible. If you are in an emergency where you cannot call 911, call Security first, and they will call 911.

### THE MORELAND COURTS NEWSLETTER COMMITTEE

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Questions and comments can be addressed to [editor@morelandcourts.com](mailto:editor@morelandcourts.com)