

NEWSLETTER

INSIDE THIS ISSUE

Read Me a Story
by Patricia Murphy
...pp 1 - 2

Art and Music at
Moreland Courts
by Paul Stroud
...p 3

Coming Soon to Our Gallery
by Kathleen McKenna
...pp 4 - 5

Autumn Clothing Donations
...pp 6 - 7

King James
...p 8

Distinguished Landscape
Award
...pp 9 - 10

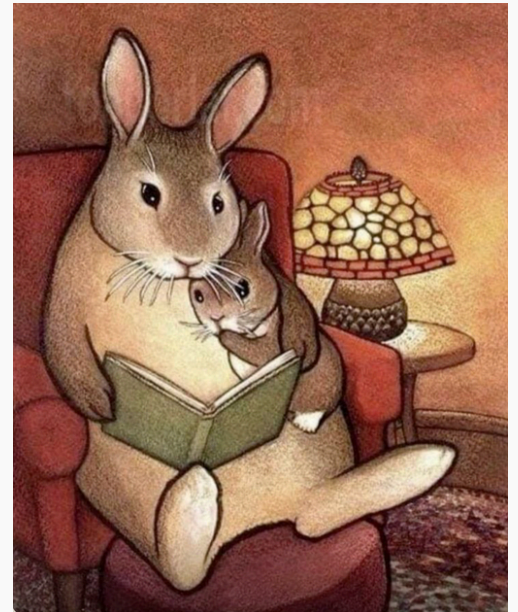
Fall Happy Hour!
...p 11

Aging In Place
by Gordon Wean
...p 12

READ ME A STORY

by Patricia Murphy

Once a month on Wednesday mornings, I read children's books to preschoolers at Loganberry Books. I have been reading to, performing with and coaching young children for many years; so, when we embarked upon this project, I mistakenly thought that it would be a breeze.



Book One: **PADDINGTON BEAR,** a classic British children's book.

I anticipated my usual clean read to wide-eyed attentive toddlers, however, two very active little boys showed up. One announced that HIS favorite book was WINNIE THE POOH, and would I read a book about trucks please, while the other wanted to hold the book, turn the pages and play with my shoelaces. I ad-libbed my way through, page by page. My clean read was a nightmare of constant interruptions. Their grandma loved me!

Book Two: **WE'RE GOING ON A BEAR HUNT,** a wonderful beloved "participation" book.

Oh joy, three little boys and two grandmas this time. But the subject soon became we're going on a BOOK HUNT, with them running around the wonderfully extensive children's section picking out books for me to read. I persevered, however, and took them on the bear hunt. We got stuck in imaginary mud, got lost in a scary dark forest and were chased by a big bear – chaotic, but fun. The grandmothers loved and praised me!

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Art and Music at Moreland Courts

by Paul Stroud, General Manager

One of the many, wonderful common denominators of the Moreland Courts community is a wide appreciation of and support for the fine arts. For ten years, residents have enjoyed a chamber recital series, provided by undergraduate through postdoctoral students at the Cleveland Institute of Music (CIM). This series will continue in the 2024-2025 academic year, as CIM has scheduled three recitals in the fall semester, with more expected in the spring semester of 2025. These recitals have proven to be of a very high caliber, as audiences ranging in size from 15 to 30 can vouch.

Approximately six years ago, a small art space was created in the westernmost Gallery area of Building 12, where many have enjoyed artwork representative of a wide range of styles and mediums. Moreland Courts resident Lee Heinen has acted as curator and presented dozens of exhibits, many by MCCA residents who are part of Greater Cleveland's large and varied art community, and others by artists who are known locally, nationally or internationally.

Recently, we created two additional exhibition areas to showcase offerings on loan from the Artists Archives of the Western Reserve. Located in the Gallery between Buildings 8 and 10, the current show has been well-received. These newest works have temporarily replaced some of the permanent artworks in the Gallery, which some residents have considered outdated.



A few residents have funded this loan arrangement with the Artists Archives for the enjoyment of the community and the beautification of our common areas. The funding is not a Moreland Courts Operating Budget item, and exhibits may not be able to continue without underwriting. Please contact me if you have an interest in participating in this relatively low-cost venture. I will put you in touch with the original organizers.

Coming Soon To Our Gallery

Artist Figure Painter

by Kathleen McKenna

Expressive brushwork, rich color and sensitivity characterize Kathleen McKenna's figurative works, portraits and still life paintings. While serving as director of The *Cleveland Artists Foundation*, Marianne Berardi wrote, "McKenna's use of color is not simply bold but truly adventurous and gives her work a power that goes beyond mere transcription."

Widely exhibited nationally, locally, and through the [*Art in Embassies*](#) program internationally, her work has garnered numerous awards including the [*Allied Artists of America's*](#) Gold Medal. McKenna's oil paintings and pastels are in numerous private collections in the United States and in several Cleveland area collections, among them [*Artists Archives of the Western Reserve*](#), The Cleveland Clinic Foundation, Cleveland Play House, The United Cerebral Palsy Association, and The Cleveland State University.

Kathleen McKenna received her training at the [*Cooper School of Art*](#) in Cleveland. She furthered her studies in [*New York at the Art Students League*](#) with a number of contemporary masters including Robert Brackman, Frank

Mason, David Leffel, and Everett Raymond Kinstler. In the Fine Arts Department at The *Lakeland Community College* McKenna taught painting, life drawing and art fundamentals from 1996- 2013. Presently she is pleased to be able to work full time in her studio.



Continued on next page

Kathleen McKenna

The Artist's Statement

Creating a presence with paint that can be felt viscerally is my goal as an artist. My passion for portraiture influences my work. I begin by focusing on the abstract structure of my composition, then it is the individuality of my subject that really captures my interest. This holds true whether I am painting a figure or a flower from my garden. Rather than rendering fine detail, I set out to capture with brushstrokes the unique rhythms, the energy and spirit of my subject. I have been painting for decades and I still find it thrilling to express an important characteristic with a single gestural brushstroke. It is playful and magical to create an edge or to penetrate an edge and create air with a brushstroke. Brushwork is more than mere technique. It reveals the painting process and brings life to a flat surface. I hope the viewer can experience the spirit of my subjects and the energy that I strive to capture.



Autumn Clothing Donations

Pick-up at Moreland Courts Friday November 8

The Resident Experience Committee of MCCA has once again arranged for a pickup of donated clothing, shoes, boots, dishes, glassware, kitchen utensils, and small appliances by the Salvation Army on November 8th between 9 and 2 PM. With the cold winter months approaching, they would most welcome lightly worn, warm indoor and outdoor clothing, shoes, and boots. Please put your donated items in large plastic bags and bring them to the front desk starting Monday October 28 through the morning of Friday November 8th.



GREAT PLACES TO DONATE YOUR STUFF

SEE NEXT PAGE FOR MORE PLACES

GREATER CLEVELAND HABITAT FOR HUMANITY, HABITAT RESTORE

4601 Northfield Road, North Randall, 44128, (216)429-1299, and several other locations. They accept new and gently used appliances and furniture, in good, clean, working condition. You can schedule a home pickup from your porch, driveway, or garage, (216)429-3631.

[HTTPS://WWW.CLEVELANDHABITAT.ORG/RESTORE/SHOP.HTML](https://www.clevelandhabitat.org/restore/shop.html)

CLEVELAND FURNITURE BANK

13360 Smith Road, Middleburg Hts., 44130, (216)459-2265 x 101 or 114. They take furniture in good clean condition. Drop off there, or call to schedule pickup, M-F 8:30 – 3 pm, which costs \$50 - \$150, depending on the floor of the home.

[HTTPS://CLEVELANDFURNITUREBANK.ORG](https://clevelandfurniturebank.org)

CHURCH OF THE SAVIOUR

2537 Lee Road, Cleveland Heights, (216)321-8880. You can donate furniture and household goods to the May or October Flea Market; proceeds go to domestic and international relief. Or donate to the Furniture Giveaway for International Students, in August. Check the website for information on these events.

[HTTPS://WWW.COTSUMC.ORG/ABOUT-US](https://www.cotsumc.org/about-us)

MAGNOLIA CLUBHOUSE

11101 Magnolia Drive, Cleveland, (216)721-303, next door to the Music Settlement. They serve adults with mental illness. The Clubhouse shop accepts upscale household goods and will take your unneeded chinaware and silver.

[HTTPS://WWW.MAGNOLIACLUBHOUSE.ORG](https://www.magnoliacubhouse.org)

DRESS FOR SUCCESS

2239 East 55th St., Cleveland, 44103, (216)391-2301 email programassistant@dressforsuccess.org. Donate women's business casual or suits, clean and on hangers. Goes directly to women who need professional clothing. Schedule an appointment to donate.

[HTTPS://CLEVELAND.DRESSFORSUCCESS.ORG](https://cleveland.dressforsuccess.org)

THE CITY MISSION OF CLEVELAND

5310 Carnegie Ave, Cleveland, 44103, (216)431-3510. Accept men's, women's, and children's clothing, which goes directly to residents. Drop-off Monday – Friday, 10 am – 4 pm.

[HTTPS://THECITYMISSION.ORG](https://thecitymission.org)

ACT II RESALE SHOP

St. Paul's Episcopal Church, 2747 Fairmount, Cleveland Heights, 44106, (216)932-4221. Accept men's and women's clothing, as well as small housewares and décor. Open Thursdays and Fridays, 10-3, Saturday 10-1.

[HTTPS://WWW.STPAULS-CHURCH.ORG/ACT2CLE/](https://www.stpauls-church.org/act2cle/)

The MCCA Resident Experience Committee

invites you to a matinee performance of
Rajiv Joseph's play



Saturday, March 8, 2025 at 2:00 p.m.
Outcalt Theatre at Playhouse Square
Group Tickets are available*

In the world of basketball, LeBron James is the king. But to die-hard Clevelanders like Shawn and Matt, “King James” is a god, and their fandom forges their unlikely bond. Set in a bar in Cleveland Heights and spanning LeBron’s rookie season to the 2016 NBA Championship, the action chronicles the men’s turbulent friendship through their shared love of the game. From the first quarter to the final jump shot, King James comes in clutch as a riveting love letter to our beloved home, “Believeland.” Filled with humor, jabs, steps, offensive fouls, and great poignancy, this energetic new play by Pulitzer Prize finalist and Moreland Courts unit owner Rajiv Joseph is an intimate exploration of the place that sports occupy in our lives and in our relationships.

To reserve a seat**, contact Jessica Schreiber at (312) 618-2825 by phone or text or by email at jschreib@ejschreiber.net by October 25, 2024.

*Minimum number of 10 playgoers required for group tickets. Depending on location, prices range from \$38-60 per ticket.

** A limited number of handicapped accessible seats are available upon request.

Distinguished Landscape Award

by Lee Jacobs

The garden at the Moreland Courts Point Building has received a 2024 [Shaker Heights Landmark Commission](#)'s Preservation [Award for Distinguished Landscape](#). Presented biennially since 1998, this awards program honors those who preserve and improve properties with particular commitment to “their heritage, craftsmanship, original materials, and continuing potential as viable and inspiring structures.”

In 2018, Moreland Courts Landmark Committee undertook a significant garden creation project. The goal was to enhance the residents' enjoyment of their surroundings and amplify the beauty of the Point Building. At the inception of the project, the site consisted of a large irregular triangle of grass and a tree lawn marred by jagged stumps—the sad remnants of mature oaks unceremoniously cut down by powers beyond our control.

Landscape design submissions for the project ranged from park-like, tree-only interpretations of a space to contemporary ideas with a commercial focus. Only one vision successfully married the architecture with a space; it cleverly managed to offset the irregular triangle and achieve aesthetically pleasing quasi-symmetry. The committee (unusually) voted unanimously for Moreland Courts' sophisticated, but appropriately restrained oval, English-style garden, designed by the landscaping company, Kew LLC.



By June of 2019, the oak stumps had been ground down, the entire lawn was killed and prepped for hydroseeding, sprinklers were installed, and a three-layer substrate with good drainage was prepared for the oval walk's Philly tan granite aggregate top dressing from Connecticut. Shrub and perennial planting decisions were made with the adept team at Kew. Mature *Buxus* 'Green Velvet' was installed around the perimeter with hollies placed at the entrance and two *Hydrangea paniculata* 'Limelight' standards at the opposite end. The beds were festooned with *Penstemon* 'Dark Towers', *Deutzia* 'Yuki Cherry Blossom', *Echinacea purpurea* 'White Swan', *Astilbe* 'Bridal Veil', *Allium* 'Globemaster', *Narcissus* 'Martha Stewart', *Alchemilla mollis*, and light pink *Geranium sanguineum*.

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Special attention was paid to selecting the six ornamental trees in the oval as it was imperative that the specimens offered seasonal interest. *Heptacodium* was chosen due to the exposed conditions, its moderate spread, and reputation for attracting hummingbirds and butterflies. To complete the garden, three mature Norway spruce trees were planted on the northeast side of the triangle.

It is the garden's fourth year, and even at this young age, truly magnificent. Enjoy, and rest for a while on the bench!



*The Resident Experience Committee
Cordially Invites You to*



Moreland Courts

Friday, October 25th

5:00 PM - 7:00 PM

THE GALLERY

featuring Gary Richards, jazz pianist

BYOB (no red wine, please) Light Hors d'Oeuvres

RSVP by 10/18:

receptionist@morelandcourts.com or call (216)751-1100

Aging In Place at Moreland Courts

by Gordon Wean, President, MCCA

Soon after our move to Moreland Courts in 2016, Board President Tom Hartland invited me to lunch. During our conversation, he shared the observation that one unintended result of the many services we enjoy as residents is that we may be tempted to remain at Moreland Courts longer than might be ideal as we grow older. This was certainly not a criticism, as he clearly understood the desire to age in place at home (as did I, having managed my mother's life in her home for the previous ten years). Rather, his concern was the potential need of residents for a level of care that our Association is simply not able to provide. While our staff members ably support emergency teams summoned to our property, they cannot be permitted to assume medical roles, even moving a person who has fallen.

Although Moreland Courts is not positioned to help residents with all levels of care, management and staff have nonetheless implemented procedures to monitor and serve the needs of those residents who elect not to avail themselves of services offered by continuing care communities (including "at home" care), in-home aides or a combination of care providers. For example, management often works with family members of residents to assess the need for regular wellness checks on residents, not only during power outages, but throughout the year.

Developing these relationships with families not only helps the Association remain informed about the health, wellbeing and safety of residents, but can also assist families in determining the appropriate plan to meet the needs of their relatives who reside here. In fact, having a plan is the most important element for those who are aging in place. Having to quickly scramble in search of solutions to the needs of a family member can result in unnecessary stress, and hasty decisions can lead to uncertain outcomes. The far better option is to develop in advance a plan consisting of well-researched options to implement when needed. The management at Moreland Courts stands ready to help in any way they can, assistance for which we are grateful.



Bocce Ball!

Every Friday Evening

7:00 PM

Weather Permitting

Courts Bldg Lawn

BYO Lawn Chair

THE MORELAND COURTS NEWSLETTER COMMITTEE

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